

Pre-CanSkate Skills Chart



- ❖ Fall Down and Get Up
- ❖ Balance on 2 Feet
- ❖ Move Forward
- ❖ Move Backwards
- ❖ 2 Foot Twist
- ❖ 2 Foot Jump
- ❖ Make Snow
- ❖ 360 March
- ❖ Skate Forward
- ❖ Skate Backwards

